

# The Cowichan Canine Coacher

from Cowichan Canine Behaviour & Training Ltd



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www.cowichancanine.ca and also on Facebook and Twitter

## ✦ Highlights ✦

### FREE Events

The following free lectures are planned in cooperation with Tyeck Kennel Club and Dunkin' Dogs pet store.

16 Feb: New Puppy  
Nutrition, exercise, grooming, training.

15 March: What is My Dog Saying at the Dog Park?  
About body language.

19 April: Nutrition & Grooming

TIME: 7:00pm - 9:00pm

VENUE: Dunkin' Dogs pet store, Valleyview Centre, Cobble Hill.

No need to book, just turn up!  
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## LIVING WITH DOGS

### Troublesome Teens: 4 Survival Tips

Two-legged kids are not the only ones to go through an awkward phase. Adolescence—usually thought of as the period from four months to two years of age, a little later for larger breeds—often feels like an honest-to-goodness teenage rebellion. Your young dog develops selective hearing, seems to forget manners they know well, and reverts to puppyish behavior like mouthing, jumping, barking, and destructive chewing.

Disheartening as such apparent setbacks can be, remember that adolescence is a phase. It, too, shall pass. Meanwhile, here are five tips for keeping your sanity intact and raising a polite, easygoing adult dog:

**Be consistent.** Consistency in routines, training, and expectations is key. Just like human children, young dogs do better with boundaries and rules in place.

**Practice Nothing For Free.** Whatever your dog wants—dinner, treats, walks, belly rubs, play sessions, attention, a spot on the couch—have him ask for it nicely by sitting or doing some other behavior he knows. If he doesn't listen, he doesn't get the belly rub or treat or the ball thrown and will have to try again a few minutes later. Applying this rule consistently will motivate your dog to listen to you.

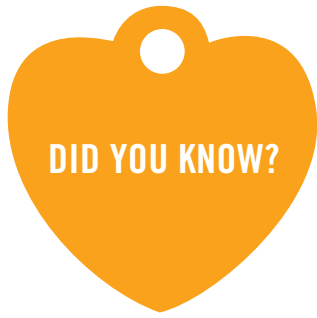
**Take a class.** Now is a great time to take training classes or engage with a private trainer to get tips and regular training time in. You wouldn't consider your human children's education finished after elementary school, right? Think of this time as junior high for your dog.

**Pile on the exercise.** The more doggie workouts you can fit in, the better behaved your dog is likely to be. Exercise is the antidote to adolescent hyperactivity. (Just consult with your vet before undertaking strenuous sports. Don't go running with your dog until he is at least 18 months old, for example; it may damage bone development.)



"If you get to thinking you're a person of some influence, try ordering somebody else's dog around."

- Will Rogers



### These Safety Products For Dogs?

**Reflective clothing.** A must for the dark winter months, reflective vests and jackets come in every incarnation, from camouflage-colored field coats to polka-dotted designer gear.

**Dog coats.** Everyone knows the water-repellant, fleecelined coats that protect your dog in cold, wet weather, but do you know about cooling jackets? They reduce sun exposure and reflect sunshine to keep your dog cool.

**Car safety belt travel harness.** This handy contraption attaches to any seat belt and allows your dog to sit or lie down during car rides.

**Glow products.** Make sure your pooch is seen in the dark with lighted collars, bodylights, LED leashes, blinkers, and light-reflective safety strips.



## A WORLD OF DOGS

### Rescuing Animals & Changing Attitudes

When we hear about yet another case of animal cruelty—puppy mills, dog fighting rings, neglected and emaciated dogs—it’s easy to despair about the way many people still view dogs as disposable goods. Too many do, indisputably. But it’s worth remembering how profoundly attitudes toward animals in general, and dogs in particular, have changed in just the last hundred years. Partly, this shift can be attributed to urbanization and the industrialization of agriculture, but a large part of the credit falls to animal rescue organizations and their tireless work to defend the rights and welfare of animals. In North America, the US led the initial charge.



In the 1870s, for example, dogcatchers in Manhattan rounded up as many as 300 strays a day, threw them in cages, and then dumped them in the East River. Dog fighting, though illegal in most states by this time, thrived because enforcement of the laws against it was largely nonexistent. And in the first decades of its existence, the American Society for the Prevention of Cruelty to Animals, founded in 1866 by Henry Bergh, fought an uphill battle against public indifference to animal suffering. But over the next 100 years, through relentless lobbying, essay writing, and public speaking, animal welfare advocates managed to affect profound changes. Laws were passed in favor of animal welfare, funding allocated for wildlife rescue and rehabilitation, and animal shelters created for re-homing of stray and abandoned pets.

Nowadays, public opinion is overwhelmingly against animal cruelty and exploitation. We largely agree animals are sentient beings and acknowledge our responsibility to care for and respect them. Dogs? They have become actual family members. Yes, we still have far to go, but consider that the World Society for the Protection of Animals is lobbying the United Nations to adopt a Universal Declaration on Animal Welfare, meant to promote international standards for the treatment of animals in farms, science labs, nature, and people’s homes. Fifty years ago, that would have been unthinkable.

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The COWICHAN CANINE WALKING CLUB is starting up in Feb. You can join once you have graduated from Foundation, or passed Come When Called Level 4. We meet on SUNDAYS at 3pm. The SMALL DOGS only WALKING CLUB meets on TUESDAYS at 3pm. Liability waiver applies. For venues, registration form and complete details, please go to our website and click on Classes => Walking Club.



## DOGS IN ACTION

### Tracking

A dog's world is dominated by smells—their olfactory sense is acute and primal. Little wonder, then, that dogs so love to put their noses to good use. Teaching your dog to track objects is a fun training challenge for people and great mind-and-body workout for dogs. Tracking as a sport has been around since the early part of the 20th century and titles can be won from organizations such as CKC and NAMBR (North American Mixed Breed Registry). However, many people undertake the activity purely for fun. The only equipment needed to get started is a tracking harness, a 40-foot line, training treats, and toys.



In a tracking test, you and your dog are tested on her ability to follow a track and indicate to you that she has found the article, usually a glove or wallet. As your dog advances, tracks get longer, cover more difficult terrain, and are left to “age” longer. The challenge, as with much dog training, is not to go too fast, but to use repetition and small steps so your dog stays motivated.

Interested in tracking with your dog? Google the term plus your locale—or browse the available books on Amazon to get started yourself.



## HEALTHY DOG

### Signs of Poisoning

Every year, hundreds of thousands of dogs suffer from some form of poisoning—and the culprits in the vast majority of cases are common household and garden products. Drugs such as cold and flu preparations, painkillers, and antidepressants; insecticides and rodent bait; plants like sago palms and azaleas; cleaning agents like bleach, detergent, and disinfectant; and outdoor toxins like antifreeze and fertilizers. Always keep such hazards in locked cabinets or on high shelves, well out of reach of your dog. Also be aware that not all symptoms of poisoning occur shortly after ingestion; some can take 18 to 36 hours to appear.

**Look out for:** Salivation, vomiting or diarrhea, uncoordinated gait, seizures, muscle twitching, weakness, nose bleeds, rectal bleeding, and excessive thirst. If your dog has ingested poison, bring a sample of the material with you to the vet if you can. To learn more, visit [aspca.org/pet-care/poison-control](http://aspca.org/pet-care/poison-control)

## DOG IN THE SPOTLIGHT

### Standard Poodle

Despite France's wholesale adoption of this elegant dog as a symbol of Parisian chic, poodles actually originated in Germany—as hard-working water retrievers. Their characteristic bouffant hairdo was a purely practical measure to protect lungs and joints from icy water. Athletic and eminently trainable, standard poodles distinguish themselves in everything from flyball to obedience to therapy work. In the show world, they're known for their dramatic stage presence and excessive grooming needs: fully coiffing a poodle for competition takes at least a day—and learning how to do it takes years of training. The standard poodle is ubiquitous in the annals of Western culture, appearing next to queens (Jane Seymour, Henry VIII's third wife), in literature (Goethe's *Faust*, Steinbeck's *Travels With Charlie*), and in movies (who can forget Rhapsody in White's starring turn in *Best In Show?*).

For a Standard Poodle to call your own, search online for rescue organizations near you.



## OUR SERVICES

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**PUPPY SOCIALIZATION CLASS** for puppies 8-16 weeks of age.

Life skills, Socialization, Coping with the World, Handling and Grooming, Come When Called, Sit, Down, Walk Nicely on Leash. \$10/class or FREE with Foundation Pgm. Continuous enrollment. WED 10am & SAT 9am.

**FOUNDATION PROGRAMME** for puppies and dogs from 17 weeks - 17 years old! Walk Nicely on Leash, Polite Greetings (no jumping up!), Settle on a bed or mat when the doorbell rings, Come When Called, "Leave it", Wait and more. Build Self Control, Focus and Willingness to Please.

\$185 for 10 weeks:

- PICK & CHOOSE YOUR OWN CLASS TIMES to fit in with your busy personal schedule!
- Come to class as many times a week as you want!
- Take up to 3 'vacations' from training class and then come back again (need to finish within 4 months).

**CONTINUING EDUCATION PROGRAMME** taking you and your dog to the next level! Advanced Skills; Agility 101; Canine Good Neighbour; Games & Tricks; Scent Work 101; Rally Obedience, and more.

**REACTIVE DOG PROGRAMME** for dogs that have trouble coping with meeting other people or dogs, or suffer from other fears that make a regular class environment difficult for them. Participation in this class must be preceded by an individual assessment.

**PRIVATE SERVICES** include Behaviour Consultations, Day Training (we train your dog for you) and Individual Lessons. Call or email to talk about your dog's training or behaviour issue - INQUIRIES are FREE and with no commitment on your part. Customized solutions.



## How To Move An Injured Dog

Proceed with caution. Make sure you're not in any danger yourself, then approach carefully, using a soothing voice. Then:

1. Muzzle the dog. Woozy and in pain, any dog might bite, even one you know to be gentle. Use a rope, scarf, belt, or the dog's leash.
2. Place the dog on a blanket (or your coat) and ask two people to help you carry him to your car. If alone, lift the dog using one arm behind the rump and the other around his chest, allowing his neck and head to rest against your shoulder.
3. In your car, keep the dog as flat as possible. Cushion him with pillows, clothing, or towels to prevent him from rolling around during the ride. Put a blanket over the dog to keep him warm and drive as smoothly as you can.



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**First, Do No Harm**



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